

Nasonville School Newsletter

Char Ulrich, Principal
ulrich@marshfieldschools.org

September 2019



- 2 -Labor Day!
- 3 -First Day of School!
- 9 -Picture Day
- 11 -Patriot Day
- 17 -Constitution Day
-PTO Meeting 6:30-7:30
- 20 -Vision & Hearing Screening
- 25 -Nasonville Fun Run!
- 30 -Welcome Friends from Afar



Your Nasonville School Educational Team:

Brian Quarne, Sarah Fox
Jessica Miller & Kelly Voss
Jackie Guldán & Jenny Oertel
Mary Kelly & Jenny Mortvedt
Kristi Vantassel & Brynne Wahlstrom
Emily Krug & Carla Scheuer
Brooke Altman & Matt Hawley
Deb Gruenloh
Kim Kunding
Bridget Reil
Anna Burish
Jason Eckes / Riley Gebelein
Grace Herkert
Jen Beck, Penny Sweet, Peggy Stillman
Sandy Schmitz
Kimberli Dammann
Jenna Ostrowski
Lisa Deemer
Doug Damrau & Renee Mortenson
Peggy Drexler
Michelle Junco
Char Ulrich

Kindergarten
Grade 1
Grade 2
Grade 3
Grade 4
Grade 5
Grade 6
Special Education
SL
Art
Music
PE
Library Assistant
Assistants
Health Assistant
Guidance
Psychologist
District Social Worker
Custodial
Kitchen
Secretary
Principal



PRINCIPAL'S CORNER



I would like to take this opportunity to welcome all of the new students and all of the returning students to Nasonville School. I hope that all of you had a great summer and that you are ready for the school year to begin.

I encourage all parents to become an active participant in your child's education. I hope that during the school year you can find the time to visit your child's classroom and get to know your child's teacher(s). I also encourage you to take an active role as a classroom/school volunteer as well as an active member of the Nasonville PTO.

I would like to remind parents that if you have specific questions or concerns related to your child's education, that you talk to the classroom teacher first since they are on the "front lines" with the children and they obviously have a better handle on the daily activities that are going on in their classrooms.

This year you will continue to notice and hear about, PBIS (Positive Behavioral Intervention Supports) expectations for students. We strive to have manageable noise levels within the building and limit disruption to instruction throughout the school day.

Our goal at Nasonville School is to provide your child(ren) with the most positive and successful academic experience possible. With all of us – parents, teachers, students, support staff, and myself – working together, we can be assured that this will be accomplished.

Sincerely,
Char Ulrich

PARENTS WALKING STUDENTS INTO SCHOOL...Starting Monday, Sept. 9th

If you plan to walk your child into school after 7:15, you will need to sign in and out at the main table located in the lobby. We want to ensure we are aware of who is in our building at all times.

JOIN NASONVILLE PTO

Get involved with your child's school...join the Nasonville PTO! The first meeting will be on Tuesday, September 17th from 6:30-7:30 in the school library.

Thanks for keeping our landscaping beautiful!

Check out the Nasonville PTO on Facebook!



LUNCH PINS

The students will again be using a 4 digit pin instead of using a lunch card. The pins are located on your Skyward Family Access account. The assistants and teachers will have the pins at the lunch computer for the Elementary students. Please practice these pins to help us get the students through their lunch line as quickly as possible.



WORKING TOGETHER TO KNOCK OUT TRUANCY!

It is very important for students to attend school from 7:40 AM to 2:40 PM. It is also the law. Teachers cannot provide children with the appropriate knowledge if they are teaching to an empty desk. Continuing this school year, we will be working closely with families to ensure that our students are not truant. Truancy means not being at your assigned school location for *any or all* of the school day. ***Attendance will be taken at 7:55 and students arriving in their classroom after that time are considered truant.*** Following a routine from the very beginning of the school day to dismissal, establishes a safe and comfortable environment that is necessary for effective learning.

It is also important to remember that parents may excuse their children from school for no more than 10 days during one school year. The only way to exceed this limit is to receive approval via the principal prior to the absence. If a student is absent due to illness for more than 10 days a physician's statement may be required.

NEWSLETTERS ONLINE

The monthly newsletters are posted online. If you are in need of a paper copy, please notify the school office.

To access the newsletters, go to the District website at: www.marshfieldschools.org

Put your cursor on the word "Schools" and then scroll down to Nasonville. Click on our school webpage and find the monthly newsletters along the side of the page. Just click on them to open them up and read online or run a hard copy for yourself.

SAFETY DRILL PARENT NOTICE

In accordance with state and local guidelines, Nasonville School will participate in safety drills during the course of the school year. These drills include: Emergency Team Drills, Hard Lockdown Drills, Soft Lockdown Drills, Tornado Drill and Fire Drills. By performing these drills, students and staff will be better prepared in the event of an actual emergency.

PARENT-STUDENT HANDBOOKS

Parents please review our school handbook. It is a valuable resource throughout the school year. The Elementary Handbook can be found online at marshfieldschools.org under the Families tab.

DRESS CODE REMINDERS



As the school year begins, we would like to remind parents and students of the following dress code guidelines found in the Parent-Student Handbook:

- hats, caps and sunglasses may not be worn inside the school
- clothing should always completely cover the torso from above chest**

cleavage to mid-thigh – no midriffs showing

-tank tops with approximately a 2-inch strap will be allowed

-fish net shirts will be allowed provided another shirt is worn underneath

-clothing and personal items which promote or support intolerance, alcohol, drugs, profanity, sexual conduct and violence will not be allowed on school grounds

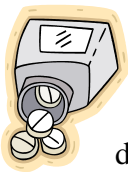
-pants and shorts must be worn on the waistline, no sagging

-shoes or sturdy sandals must be worn at all times **NO FLIPFLOPS**

-tennis shoes are required for physical education classes.

REMINDER: Please do not allow your child to wear pajamas to school. This makes it very difficult for them to stay engaged and alert. I have also been noticing many students wearing pants with large holes above the knees. Be sure your child is appropriately covered in their attire.

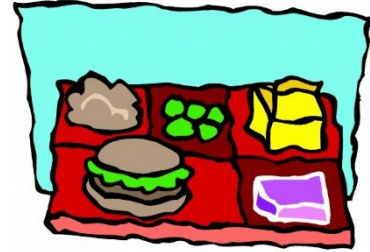
DISPENSING OF MEDICATION AT SCHOOL



The student handbook contains detailed information regarding the dispensing of medication at school. We would like to highlight the fact that written authorization from a physician is required for prescription medications to be dispensed by school personnel. Medication authorization forms are available at the school office should you need one. We would also like to point out that nonprescription medications will only be dispensed upon authorization from a parent or guardian.

SCHOOL LUNCH SCHEDULE 2019-2020

K	10:50-11:10
1-2	11:10-11:30
3-4	11:30-11:50
5-6	11:50-12:10



NEED HELP COVERING THE COST OF MEALS?

Please do not hesitate to apply for the Federally-funded Free and Reduced Lunch Program.

Application and eligibility information is strictly confidential and may help our school receive additional supports! Applications are available online or in the school office.

VOLUNTEER FORM REMINDERS and UPDATE...

-Volunteer Forms must be completed for anyone wanting to volunteer at school or chaperone a field trip. **NEW – THIS INCLUDES EATING LUNCH WITH YOUR CHILD.**

-Forms must be completed and submitted at least two weeks prior to volunteering/chaperoning/lunch.

-NO PERSON will be allowed to volunteer or chaperone a field trip or do lunch if they do not have an approved volunteer form. This includes grandparents and other relatives/friends who may sometimes take the place of a parent, especially on field trips.

-Forms are available in the school office or online at marshfieldschools.org

EATING LUNCH WITH YOUR STUDENT

This year we have made a change across elementary schools. All adults who wish to eat lunch with a student in the cafeteria will now have to be approved volunteers. You will need to fill out the background check information the same as a classroom volunteer once every three years. This process takes about two weeks. Adults who do not have an approved background check will not be allowed to eat with their student in the cafeteria. ***In addition, after lunch adults are not allowed to follow their student to recess.*** Thank you for your cooperation with this new procedure put in place to keep all our students safe.

DIRECTORY DATA INFORMATION



The School Board has developed a policy regarding the dissemination of Student Directory Data. Student Directory Data refers to the following items: student name, address, phone number, and the name of parents and/or guardians. ***If you wish to keep all or part of this information private, then you need to notify Mrs. Ulrich in writing of this request prior to September 13th.***

The same applies to videotaping your child at school or releasing any personal information on your child for a newspaper article or picture or for a TV clip. Please see the online handbook for more details on this.

COURT ORDERS

For the protection of the child, the principal must be aware of any court orders in effect regarding custody and physical placement of children along with any restraining orders against parents or guardians. Please be sure to submit a copy of any current court order to the office so the school can be in compliance with it. Verbal messages or written notes are not sufficient. Please also note that unless we have a copy of a court order that specifies the parental rights of the non-custodial parent, the school will assume that both parents may continue to exercise parental rights.

CELL PHONES AND PERSONAL COMMUNICATION DEVICES

*Parents and students are encouraged to read the full text of the Board of Education policy governing Personal Communication Devices 5136 available on the District web site or by contacting the school main office.

Personal communication devices (PCDs) may be used before and after school only, not during the school day. PCDs with cameras or any other recording capabilities may not be activated or utilized at any time in any school situation where a reasonable expectation of personal privacy exists. These locations and circumstances include, but are not limited to, gymnasiums, locker rooms, shower facilities, rest/bathrooms, and any other areas where students or others may change clothes or be in any stage or degree of disrobing or changing clothes. The Director of Technology and building principals are authorized to determine other specific locations and situations where use of a PCD is absolutely prohibited. Students shall have no expectation of confidentiality with respect to their use of PCDs on school premises/property. Students may not use a PCD in any way that might reasonably create in the mind of another person an impression of being threatened, humiliated, harassed, embarrassed, or intimidated. See Policy 5517.01 – Bullying and Other Forms of Aggressive Behavior. Students are personally and solely responsible for the care and security of their PCDs. The Board assumes no responsibility for theft, loss, or damage to, or misuse of, or unauthorized use of PCDs brought onto its property.

Hello,

As Fall is just around the corner, so is our annual Friends From Afar Academy, hosted by Grant & Nasonville Elementary Schools. The Marshfield International Student Exchange Program (MISEP) is happy to welcome 31 fourth and fifth grade students and 3 adult chaperones from our sister school, Jiyang Experimental Primary School in Zhangjiagang, China from September 29th through October 10th.

We are in need weekend homes from Friday, October 4th thru Sunday evening, October 6th . Reimbursements: \$50/per guest.

If you and your family are interested ---please fill out the application and return it along with a copy of:

- Car insurance (vehicle(s) use to transport our Chinese guests over the weekend)
- Driver License(s) of those who will be driving them

This year we are doing something new, “Dinner with a Friend” on Thursday, October 2nd—Chinese friends will spend the evening with their school buddy (preferred) or weekend host family for the evening. They should be picked up after school and had dinner with your family. At 6pm have them return back to the hotel for the night (Baymont Inn—next to Wal-Mart). This is optional— we are hoping families will take part in this great opportunity.

If are interested, please complete an application form (available in the school office).

Any questions, please don't hesitate to contact me.

Thank you,
Johneen Schwab
M.I.S.E.P Coordinator, PDSO
Marshfield High School
715-387-8464 ext.4330



*“How far we travel in life matters far less than those we meet along the way.”
Mark Twain*

SEPTEMBER 2019

Recipes for Success

Practical Activities to Help Your Child Succeed

Refrigerator Poster
Just hang your Recipes poster on the refrigerator and sneak in an activity when you have a few minutes. These fun activities will help develop school success and positive behavior. Check off each box as you complete the "recipe."

VOCABULARY

What word am I?

Guess the words on your forehead and define them correctly to win this game.

Ingredients: list of vocabulary words, pencil, index cards

Have your child write each word on a separate index card, then shuffle and stack the cards facedown. Now he should take the top card and, without looking at the word, place it on his forehead with the word facing out.



To figure out the word, he can ask you yes-or-no questions.

Examples: "Is it a type of energy?" "Is it an adjective?" When he identifies the word, he has to define it correctly to keep the card. If he gets it wrong, he returns the card to the bottom of the pile. Then it's your turn. Collect the most cards to win.



MATH

My adding machine

A homemade "adding machine" gives your child a fun way to practice addition.

Ingredients: scissors, shoebox, math book (optional), marker, dry beans (or other small objects), paper, pencil

Help your youngster cut two holes in the shoebox lid and draw a + sign between them. Now take turns making up addition problems for each other and using the machine to solve them.

If you give her $17 + 28 = \underline{\quad}$, she would put 17 beans in one hole and 28 in the other. Have her solve the problem in her head or on paper ($17 + 28 = 45$), then remove the lid and count the beans. Was she right? Now she can give you a problem to solve.



READING

Ball of questions

Build your youngster's reading comprehension with this simple game of catch.

Ingredients: masking tape, scissors, pen, soccer or beach ball, books

Let your child tear off several six-inch strips of masking tape. On each one, she should write a question that could apply to just about any story or novel. **Examples:** "How would you describe the main character?" "What is the theme of the story?" Then, have her stick the strips all over the ball.

Next, ask your youngster to choose a book or chapter to read with you. After you finish, toss the ball back and forth. Each time you catch it, answer the question closest to your right index finger.



HEALTH

Creating a bedtime kit can help your child get to sleep on time. Have him place a flashlight, a book, and a stuffed animal in a basket. He'll look forward to snuggling up with his stuffed animal and reading his book by flashlight.



STUDY SKILLS

Acting out concepts makes them easier for your youngster to understand and remember. She could pretend she's a raindrop going through the water cycle, for instance. Can she evaporate into the sky, condense into a cloud, and fall back to Earth as rain (precipitation)?



Recipes for Success

Practical Activities to Help Your Child Succeed

SEPTEMBER 2019

Character Corner

SCIENCE Invisible Ink

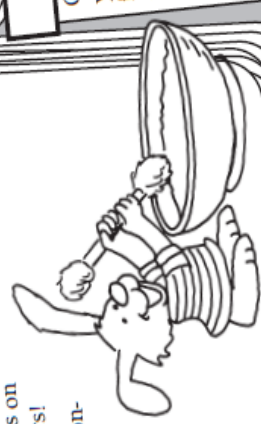
Writing secret messages shows your child a cool chemical reaction and teaches a fun science lesson.

Ingredients: lemon juice, cotton swab, white paper, lamp or sunlight, hair dryer

Have your youngster dip a cotton swab in lemon juice, use it to write a message on the paper, and hold it up to the light. (The message will be invisible.)

Let the paper dry for a few minutes, then he can hold it while you turn the hair dryer on low and dry the message completely. Now when light shines on the paper, the message appears!

The paper absorbed the carbon-based compound in the lemon juice. The heat released the compound, allowing it to react with the oxygen in the air and darken the juice.



HISTORY

Your youngster can bring history to life by building models of famous sites. Perhaps she'll use empty paper towel tubes to construct the Parthenon if she's studying ancient Greece. Or if she's learning about ancient China, she might build the Great Wall out of lasagna noodles and cardboard.



ART

Gather around the table, and let your child hand out paper and crayons for this cooperative art project. Each person draws on the paper in front of him for one minute, then moves one seat to the right and continues the drawing at that spot. After a turn at each seat, everyone can describe the drawing in front of them.



COUNTING

A trip to the grocery store offers plenty of opportunities for estimating and counting. Your youngster could estimate how many varieties of cereal the store sells. Let him count to check each estimate.



Congratulations!

We finished _____ activities together on this poster.

Signed (parent or adult family member) _____

Signed (child) _____

FAIRNESS

Being fair doesn't always mean treating everyone the same. Can your child think of situations where that wouldn't make sense? **Example:** One student needs a bandage, so the nurse gives everyone a bandage. Your youngster will see that it's fair to meet different needs in different ways!

DEPENDABILITY

Let your child cover a coffee can with paper and label it "You CAN count on us." Put a coin in the can anytime a family member acts dependably (say, your youngster keeps his promise to help his sister with homework). When the can is full, donate the money to a charity.



OPTIMISM

Have your child cut a sun out of yellow construction paper and write a positive thought on each ray. ("I'll do my best at whatever I do.") She could post her sun where she'll see it every morning, perhaps on the bathroom mirror.



CAPITALIZATION

Encourage your youngster to play "capitals detective." Write a sentence, using some incorrect capitalization. ("a little Caterpillar wiggled down main Street last saturday.") Will she catch all the mistakes? Next, let her make up a sentence for you to fix.





Recipes for Success

School District of Marshfield
Kim Ziembo, Director of Teaching & Learning

SEPTIEMBRE DE 2019

Actividades prácticas que contribuyen al éxito de su hijo

LECTURA

Balón preguntón

Desarrolle la comprensión lectora de su hija con este sencillo juego de pelota.

Ingredientes: cinta de pintor, tijeras, bolígrafo, balón de fútbol o de playa, libros una. En cada trozo tiene que escribir una pregunta que pueda referirse a cualquier relato o novela. **Ejemplo:** "¿Cómo describirías al personaje principal?" "¿Cuál es el tema de tu relato?" Dígale que pegue las tiras en el balón.

A continuación dígale a su hija que elija un libro o un capítulo para leerlo con usted. Al terminarlo, lánzese el balón una y otra vez. Cada vez que lo atrapen, contesten la pregunta más cercana al índice de la mano derecha.



SALUD

Hacer un kit para la hora de dormir puede contribuir a que su hijo se acueste a su hora. Dígale que ponga en una cesta una linterna, un libro y un animal de peluche. Le hará ilusión acurrucarse con su animal de peluche y leer su libro a la luz de la linterna.



DESTREZAS DE ESTUDIO

Representar conceptos facilita que su hija entienda y recuerde mejor. Podría imaginar que es una gota de lluvia recorriendo el ciclo del agua, por ejemplo. ¿Puede evaporarse y subir al cielo, convertirse en una nube y volver a la Tierra cayendo en forma de lluvia (precipitación)?



VOCABULARIO

¿Qué palabra soy?

Adivinen la palabra que tienen en la frente y defínanla correctamente para ganar este juego.

Ingredientes: lista de palabras, lápiz, fichas de cartulina

Dígale a su hijo que escriba cada palabra en una ficha de cartulina y pónganlas boca abajo. Luego él retira la ficha de encima y sin mirar la palabra, se la coloca en la frente con la palabra al descubierto.



Para adivinar la palabra puede hacer preguntas de sí o no. **Ejemplos:** "¿Es un tipo de energía?" "¿Es un adjetivo?" Cuando identifique la palabra tiene que definirla correctamente para conservar la ficha. Si se equivoca, devuelve la ficha al fondo del montón. Luego le toca a usted. Gana quien reúna más fichas.

MATEMÁTICAS

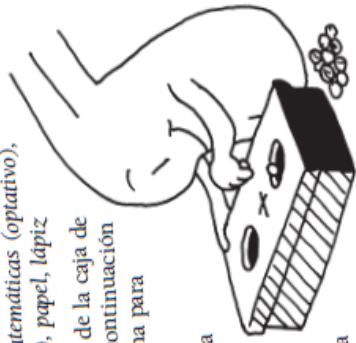
Mi máquina de sumar

Una "máquina de sumar" hecha en casa es una forma divertida de que su hija practique la suma.

Ingredientes: tijeras, caja de zapatos, libro de matemáticas (optativo), marcador, frijoles secos (u otros objetos pequeños), papel, lápiz

Ayude a su hija a hacer dos agujeros en la tapa de la caja de zapatos y dibujen un signo + entre los dos. A continuación pónganse problemas de suma y usen la máquina para resolverlos.

Si el problema es $17 + 28 = \underline{\quad}$, su hija debería poner 17 frijoles en un agujero y 28 en el otro. Dígale que resuelva el problema de cabeza o en papel ($17 + 28 = 45$) y que quite la caja para contar los frijoles. ¿Lo hizo bien? A continuación ella le pone a usted un problema para que lo resuelva.



Cartel del Refrigerador

Coloque este cartel de Recetas en el refrigerador y haga una actividad cuando tenga unos minutos libres. Estas amenas actividades contribuirán al triunfo en la escuela y a desarrollar un comportamiento positivo. Ponga una marca en cada casilla cuando termine la "receta".

Recipes for Success

Actividades prácticas que contribuyen al éxito de su hijo

SEPTIEMBRE DE 2019

Rincón del Carácter

CIENCIAS

Tinta invisible

Escribir mensajes secretos enseña a su hijo una interesante reacción química y le da una divertida clase de ciencias.

Ingredientes: jugo de limón, bastoncito de algodón, papel blanco, lampara o luz de sol, secador de pelo

Dígale a su hijo que moje un bastoncito de algodón en jugo de limón, escriba con él un mensaje en el papel y lo ilumine con la luz. (El mensaje será invisible.)

Espere unos minutos para que se seque el papel y luego que lo sujete su hijo mientras usted termina de secar por completo el mensaje con el secador. Ahora, cuando la luz ilumina el papel, ¡el mensaje es visible!

El papel absorbió el compuesto con base de carbón del jugo de limón. El calor liberó el compuesto el cual reaccionó con el oxígeno del aire y oscureció el jugo.



HISTORIA

Su hijo puede dar vida a la historia construyendo maquetas de sitios famosos. Podría usar tubos vacíos de toallas de papel para construir el Partenón si está estudiando la antigua Grecia. O si estudia la antigua China podría construir la Gran Muralla con láminas de lasaña y cartón.



ARTE

Retuense en torno a la mesa y que su hijo reparta papel y crayones para este proyecto colaborativo. Cada persona dibuja en el papel que tiene enfrente durante un minuto, luego se desplaza una silla a la derecha y continúa dibujando en ese lugar. Después de un turno en cada sitio, cada persona describe el dibujo que tiene delante.



JUSTICIA

Ser justo no siempre significa tratar igual a todo el mundo. ¿Puede pensar su hijo en situaciones absurdas? **Ejemplo:** Una estudiante necesita una curita, así que la enfermera le da una a todos los estudiantes. ¿Su hija verá que lo justo es atender las distintas necesidades de manera distinta!

FIABILIDAD

Dígale a su hijo que cubra una lata de café con papel y escriba encima "Cuenta con nosotros". Coloquen una moneda en la lata cada vez que un miembro de su familia actúe de manera fiable (digamos que su hijo cumplió la promesa de ayudar a su hermana con los deberes). Cuando llenen la lata, donen el dinero a una obra de caridad.



OPTIMISMO

Dígale a su hija que recorte un sol de cartulina amarilla y que escriba un pensamiento positivo en cada rayo. ("Me esforzaré al máximo en todo"). Podría colocar su sol donde lo vea cada mañana, por ejemplo en el espejo del baño.



MAYÚSCULAS

Anime a su hija a que juegue a "detectives de mayúsculas". Escriba una frase, con se retorcía por la Calle mayor el Sábado Oruga do"). ¿Hallará todos los errores? A continuación, que ella escriba una frase para que la corrija usted.



¡Felicidades!

Terminamos _____ actividades juntos en este cartel.

Firmado
(padre, madre o miembro adulto de la familia)

Firmado
(hijo o hija)

CONTAR

Una visita al supermercado ofrece muchas ocasiones de calcular y contar. Su hijo puede calcular aproximadamente cuántas papas hay en una bolsa de 10 libras o cuántas variedades de cereales vende la tienda. Dígale que cuente para comprobar su cálculo.






BREAKFAST

Elementary

September 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
No School Labor Day!	3 Breakfast Kit <i>(includes cereal, crackers and 100% Juice)</i> Fruit Cup Milk	4 HOT Mini Waffles Fruit Cup 100% Fruit Juice Milk	5 Whole Grain Muffin String Cheese Fruit Cup Milk	6 HOT Fruit Strudel 100% Fruit Juice Fruit Cup Milk
9 Breakfast Kit <i>(includes cereal, crackers and 100% Juice)</i> Fruit Cup Milk	10 Yogurt Cup w/ Scooby Crackers Fresh Fruit Milk	11 HOT Pancake/Stick Fruit Cup 100% Fruit Juice Milk	12 Purple Daze Smoothie String Cheese Fresh Fruit Milk	13 HOT Breakfast Wrap Fruit Cup 100% Fruit Juice Milk
16 Whole Grain Cereal String Cheese Fruit Cup Milk	17 Zucchini Bread Slice String Cheese Fresh Fruit Milk	18 HOT Mini Cinis Fruit Cup 100% Fruit Juice Milk	19 Yogurt Parfait w/ Homemade Granola Dried Cranberries Strawberries/Blueberries Milk	20 HOT Omelet with Homemade Bread Fruit Cup 100% Fruit Juice Milk
23 Breakfast Kit <i>(includes cereal, crackers and 100% Juice)</i> Fruit Cup Milk	24 Mini Cream Cheese Filled Bagels Fruit Cup 100% Fruit Juice Milk	25 HOT Soft Filled Cereal Bar Fresh Fruit Raisins Milk	26 HOMEMADE COFFECAKE Nasonville Dairy Cheese Fruit Cup Milk	27 HOT Pancake Bites Fresh Fruit 100% Fruit Juice Milk
30 Whole Grain Cereal String Cheese Fruit Cup Milk	 <p>FREE/REDUCED MEALS: If you would like to receive free or reduced priced meals, please complete a Free and Reduced meal application. One application will cover the entire household. You can also apply online under your Skyward Family Access account.</p>			



See website for a food allergen/pork listing

MEAL PRICES
 Breakfast Prices:
 Paid (Elementary): \$1.35
 Paid (MS/HS): \$1.50
 Reduced: \$0.25
 Adult/Seconds: \$2.00
 Lunch Prices:
 Paid (Elementary): \$2.70
 Paid (Middle School): \$2.80
 Paid (High School): \$3.00
 Reduced: \$0.40
 Adult/Seconds: \$3.75
 Second Entrée: \$2.25
 Milk: \$0.40

ICE COLD MILK
 OPTIONS:
 Fat Free White
 Low Fat White
 Fat Free Chocolate
 *All Meals Include

All grain and bread products are 100% whole grain



Menus are subject to change.

This institution is an equal opportunity provider.



LUNCH

Elementary

September 2019

MEAL PRICES

Breakfast Prices:
 Paid (Elementary): \$1.35
 Paid (MS/HS): \$1.50
 Reduced: \$0.25
 Adult/Seconds: \$2.00

Lunch Prices:
 Paid (Elementary): \$2.70
 Paid (Middle School): \$2.80
 Paid (High School): \$3.00
 Reduced: \$0.40
 Adult/Seconds: \$3.75
 Second Entree: \$2.25
 Milk: \$0.40

Online Meal Payments

Online meal payments are now available. Payments can be made through your Family Skyward Access. If you do not have your username/password, please stop into your school office.



All of our homemade breads and buns are 100% whole grain and baked fresh daily.



Ice cold milk options available daily: fat free white, low fat white, and fat free chocolate.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9 Cheese Omelet w/ Ham & Homemade Bread Applesauce Mixed Fruit Wisc. Vegetable Blend Garden Salad w/ Tomatoes	3 Chicken Nuggets Fresh Apple Peaches Fresh Carrots Steamed Green Beans	4 Mini Corn Dogs Strawberries Mandarin Oranges Fresh Broccoli Baked Beans	5 Spaghetti w/ Meatballs Garlic Toast Orange Wedges Pears Garden Salad w/ Tomatoes Mixed Vegetables	6 Hot Cheesy Sticks w/ Marinara Sauce Fresh Grapes Pineapple Fresh Carrots Steamed Corn
10 Soft Shell Taco Fiesta Beans Pears Orange Wedges Lettuce & Tomatoes Shredded Cheese	11 Pepperoni Pizza Apple Slices Mandarin Oranges Fresh Carrots Steamed Corn V-Blend Juice	12 Cheeseburger on a Bun Orange Wedges Peaches Garden Salad w/ Tomatoes Green Beans Strawberry Milk	13 French Toast Sticks w/ Little Smokies Fresh Grapes Pineapple Fresh Carrots Cucumber Slices	19 Popcorn Chicken Orange Wedges Mixed Fruit Garden Salad w/ Tomatoes Steamed Corn
16 Chicken Snack Wrap Fresh Apples Peaches Lettuce, Tomato Shredded Cheese Mixed Vegetables	17 Taco Salad Orange Wedges Pears Lettuce, Tomato, Cheese Fiesta Beans	18 Mini Sub Sandwich w/ Sweet Potato Fries Fresh Strawberries Apple Slices Fresh Carrots and Broccoli Mini Rice Krispy Treat	20 Hewitt Meat Hot Dog/Bun Fresh Watermelon Dried Cranberries Potato Salad Baked Beans	27 Cheese Pizza Fresh Grapes Strawberries Fresh Carrots Green Beans Orange Sorbet
23 Chicken Strips Apple Slices Pears Garden Salad w/ Tomatoes Fresh Broccoli	24 BBQ Pork on a Bun Orange Wedges Mixed Fruit Fresh Carrots Baked Beans	25 Mini Corn Dogs Fresh Apple Pineapple Cucumbers Mixed Vegetables	26 Creamed Chicken w/ Mashed Potatoes & T-Bun Orange Wedges Peaches Garden Salad w/ Tomatoes Fresh Broccoli	
30 Chicken Nuggets Apple Slices Pears Fresh Carrots Brussel Sprouts				

WELCOME - BACK TO SCHOOL



Featured Recipe



Meatless Entree



Farm to School

See website for food allergens, carbohydrate counts, pork product list and all featured recipes. www.marshfieldschools.org

Menus are subject to change.

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